

NEW YORK UNIVERSITY MEDICAL CENTER

Division of Gastroenterology
Department of Medicine

NYU Gastroenterology Associates
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MOVIPREP-SPLIT DOSE

1 Day Before the Procedure (/ /):

- 6:00 AM: Do not eat or drink anything other than CLEAR liquids beyond this point.
Examples of clear liquids include: sodas, tea, coffee, Jell-O, broth, water, Gatorade.
Avoid red liquids such as red Jell-O; red-colored beverages.
- 8:00 AM: Empty 1 Pouch A and 1 Pouch B into the disposable MoviPrep container. Add lukewarm drinking water to the top of the line of container. Cap bottle and shake vigorously as directed on the container. Refrigerate. TIPS: Use a straw when drinking MoviPrep or add ICE to make colder.
- 7:00 PM: The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete.
- Drink 16 oz of the clear liquid of your choice. Mandatory.
 - Bowel movements should occur about 1 hour after the first glass of prep solution. They will continue periodically for approximately 1-2 hours following completion of your last glass. By this time the stool liquid should be clear.
 - Feelings of bloating and/or nausea are common after the first few glasses of solution because of the large volume of fluid ingested. This is temporary and will disappear once bowel movements begin.
 - Prepare next MoviPrep container for morning dose. Empty 1 Pouch A and 1 Pouch B into the disposable MoviPrep container. Add lukewarm drinking water to the top of the line of container. Cap bottle and shake vigorously as directed on the container. Refrigerate.

NOTE: Remain at home after starting MoviPrep.

Day of the Procedure:

- 6:00 AM: The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete.
- Drink 16 oz of the clear liquid of your choice. Mandatory.

You may have clear liquids up to four hours before your procedure.

You will not be able to leave the hospital alone. An adult to escort you home must accompany you.

Day of the Procedure:

Your colonoscopy is scheduled for: _____

Time: _____ You must arrive at: _____

**NYU MEDICAL CENTER/ TISCH HOSPITAL
550 FIRST AVENUE (b/w 30-34th St.)
“A” elevators to the 10th FLOOR- DAY SURGERY UNIT
YOU MUST ARRIVE 90 MINUTES BEFORE YOUR SCHEDULED PROCEDURE TIME**

Medications and other conditions relating to the procedure

- 1.) Stop taking aspirin, anti-arthritis, Ibuprofen or blood thinning drugs at least 5 days before the day of your colonoscopy unless otherwise directed. You may take Tylenol.
- 2.) Do not take iron or multi-vitamins containing iron for 2 days prior to your colonoscopy.
- 3.) Do not take any insulin or anti-diabetic medication on the morning of your colonoscopy.
- 4.) Notify the doctor if you take any blood-thinners such as Coumadin.
- 5.) Take only heart, seizure or steroidal medications as usual. Hold all other medications (day of procedure).
- 6.) If you have any heart valve problems, arterial grafts, etc, please notify the doctor before your colonoscopy. You may need to be given antibiotics before your procedure.
- 7.) Women of childbearing age: Colonoscopy should not be done if you are pregnant. If you suspect that you are, notify the doctor to cancel the colonoscopy.



Langone Medical Center

NYU Anesthesia Associates Participating Insurers as of November 2008

Empire BC/BS

Blue choice senior care plan
HMO/POS
PPO

HIP

HIP-Medicare
Medicaid
PPO/EPO/POS

United Healthcare

Only Atlanta, GA.
claim address policy
plans.

Oxford

PPO/HMO
Medicare
Freedom
Liberty

GHI

PPO
Medicare

Aetna

PPO
HMO
POS
Medicare

Multiplan

Hotel Trades

1199

CIGNA

Medicare

Medicaid

Please check with your insurance carrier regarding coverage for Anesthesia and Pathology coverage. They will let you know if they are covered (and at what percent) or if you have out of pocket expenses. For questions, call Anesthesia at 877-675-5174 or Pathology at 646-501-3097.