

Upper Endoscopy Instructions

Your procedure is scheduled for _____ at
_____.

You Must Report 45 minutes Prior to Your Test

Diet:

- Do not eat or drink anything after 12:00AM midnight the night before your test
- If your test is after 12:00noon, you may have a clear liquid breakfast no later than 6:00AM.

Escort:

*As you will be receiving sedative medications during the exam, you **must arrange** to have someone pick you up after your procedure is complete.

There are absolutely no exceptions to this rule.

Medications and other conditions relating to the procedure:

1. **Stop taking aspirin, anti-arthritis, ibuprofen, or blood-thinning drugs** at least 5 days before the day of your Endoscopy unless otherwise directed. You may take Tylenol.
2. Do not take any insulin or anti-diabetic medication on the morning of your endoscopy. You may take all other medications. **Notify the doctor that you have not taken any anti-diabetic drugs.**