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OsmoPrep Colonoscopy Procedure Form

Scheduled for Date: ____/____/____ Time: ____am/pm

NOTE: Before beginning the following steps, have your prescription for 32 OSMOPREP TABLETS filled at the pharmacy.

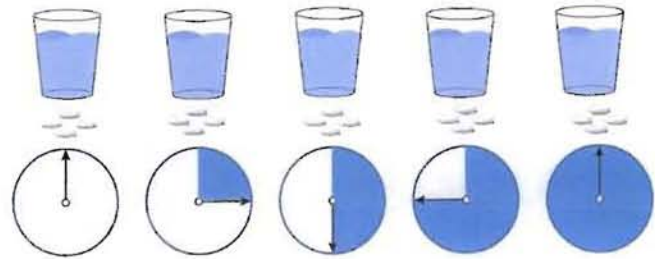
VERY IMPORTANT: You must maintain a clear liquid diet the ENTIRE day (NO SOLID FOOD)! Also, please do not eat any corn, nuts, or food with seeds 5 days before the procedure. Other products to stay away from the day before the procedure are dairy products, orange juice, yogurt, or anything RED in color. You may have: Clear Broth (NO noodles, meat, or vegetables), clear juice or clear soda such as (apple juice, white grape juice, lemonade, Gatorade, ginger ale, 7-Up, water), green or yellow Jell-O, popsicles, coffee or tea (NO milk or cream; you may add sugar, honey or lemon).

After the procedure you will still be drowsy, so please be sure to arrange for a responsible adult to accompany you on the day of the exam. DO NOT DRIVE YOURSELF TO THE EXAM.

1) Starting at **2:00 PM** the day before your procedure, take 4 Osmoprep tablets every 15 minutes with at least 8 ounces of any clear liquid until all 20 tablets have been consumed. Remain close to toilet facilities.

First Regimen

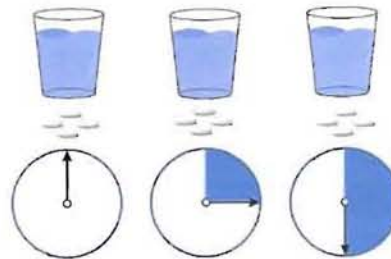
One dose (4 tablets with 8 oz of any clear liquid) every 15 minutes for a total of 5 doses (20 tablets)



2) At **8:00 PM** take 4 Osmoprep Tablets every 15 minutes with at least 8 ounces of any clear liquid until the remaining 12 tablets have been consumed. Remain close to toilet facilities.

Second Regimen

One dose every 15 minutes for a total of 3 doses (12 tablets)



3.) **You may drink clear liquids until midnight the day before your procedure.**

4.) **You can not eat or drink anything on the day of your procedure.**

- You may not drive after the procedure.
- Please have someone take you home.
- Come to the 2nd floor of 111 Broadway in Manhattan.
- If you have any questions, please do not hesitate to call.